

**40 ANNI**



**1980 - 2020**

# **Official Rule & Handbook**

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## **Section 1: Introduction**

### **1.1 Welcome to OGI UK**

In 1978, Vic Heissl and the St. Peter's Italian Catholic Youth Club committee came up with the idea of holding a biennial Olympic type event. Anyone between the ages of 9 to 21 could compete regardless of their sporting or athletic ability and irrespective of their nationality. The only stipulation was that they were either a part of, or were friends with someone who was actively involved with an Italian club or association.

The first games took place over the Whitsun Bank Holiday weekend in May 1980 and were given the name Olimpiade della Gioventù Italiana UK (OGI UK). Over 900 youngsters from all parts of the UK competed and these games proved so successful that it was decided to hold another Olimpiade two years later. And so it was that the tradition of the OGI weekend was established and became a unique part of the Italian community's calendar. In 1985 it was decided that a new OGI committee with its own constitution and independent from the St. Peter's Youth Club committee would be formed to continue with the running of the games.

In 2010 OGI celebrated its 30th. Anniversary.

### **1.2 Registered Address and contacting us**

All correspondence should be sent to: [OGI UK, 2 Back Hill, London EC1R 5EN](#)

Alternatively you may email us at: [info@ogi-olympics.co.uk](mailto:info@ogi-olympics.co.uk)

### **1.3 The OGI mission statement**

To provide an opportunity for the young people of the Anglo Italian community and their friends to participate in an athletic arena, which encourages both competitiveness and sportsmanship, irrespective of their sporting abilities. To continually promote the games within the UK and abroad and to actively seek and encourage as many Italian clubs and associations to participate as possible.

### **1.4 Purpose of this handbook.**

This handbook is designed to provide a team, as well as its' competitors and officials with the basic information which they will need, in order to register and compete in the OGI games. It sets out and explains any rules and regulations which are specific to OGI and the disciplinary procedures in the event of these rules being infringed or violated and the penalties or sanctions which can be imposed.

It is not designed to be a comprehensive rule book on each sporting discipline. Teams, their officials or competitors requiring in depth information on a particular event or discipline should refer to the specific governing bodies own rule book. In most cases these are available for downloading from each governing bodies web site, free of charge.

It is important that a team, its' competitors or officials have the latest version of this handbook as reference. If unsure please visit our web site [www.ogi-olympics.co.uk](http://www.ogi-olympics.co.uk) to download the latest version or alternatively a copy can be requested from the OGI secretary at the above address, enclosing a stamped, self addressed envelope.



## **Section 2: Registration, Definition of Italian Origin and Club Athlete, Fees and Checks**

### **2.1 Team Registration Requirements**

Any UK based Italian organisation with a youth membership, such as an Italian club or association, may join OGI as a team, providing that:

- 1) The team is registered with the OGI Committee (OGIC) by the deadline date (normally 31st. January) in the year of the games;
- 2) At least 60% of its competitors are classified as of Italian origin as defined by Rule 2.3;
- 3) It has at least 10 eligible competitors.

A team which has less than 10 eligible competitors or a non UK based Italian organisation may also apply to join OGI but their registration will be subject to the approval of both OGIC and the General Assembly (GA).

### **2.2 Competitor registration requirements**

Any boy/man or girl/woman, regardless of their nationality, may compete in OGI providing that:

- 1) They are no younger than 9 years old on the first day of the games;
- 2) They are classified as being of Italian origin (see Rule 2.3), or are a member of an Italian club or association, or are a friend of a registered competitor who is defined as being of Italian origin (see Rule 2.3);
- 3) They are registered with only one competing team in any given year;
- 4) They have completed a registration form which was received by the OGIC by the deadline date in the year of the games;
- 5) They are not classified as being a non Italian **Club Athlete** (see Rules 2.4 & 2.6) and as such ineligible to compete.

### **2.3 Definition of a competitor with Italian origin**

For the purpose of OGI a competitor will be classified as being of Italian origin providing that at least one of the following criteria are met:

- 1) They were born in Italy;
- 2) Hold or have held Italian Citizenship;
- 3) Either of their parents or grandparents meet conditions (1) or (2)
- 4) Have been adopted and either of their biological or adopted parents meet conditions (1) or (2).

The OGIC may require an individual to provide documentary evidence to support a claim of being of Italian origin.

In all cases an individual will be classified as being of non Italian origins, if they do not meet any of the above criteria or cannot provide documentary evidence to support their claim.



## **2.4 Definition of a Club Athlete**

For the purpose of OGI an individual whose name or details appear on any database or reference site, which is operated or recognised by either UK Athletics or British Swimming, including any of their subsidiaries, will be classified as being a Club Athlete. Irrespective of whether the individual is or has ever been a member of an athletics or swimming club.

## **2.5 Eligibility of a Club Athlete with Italian origin to compete**

A competitor who is classified as being of Italian origin (Rule 2.3) and who is also classified as being a Club Athlete (Rule 2.4) is allowed to register and compete in OGI.

## **2.6 Eligibility of a Club Athlete with non Italian origin to compete**

A competitor who is classified as being of non Italian origin (Rule 2.3) and who is also classified as being a Club Athlete (Rule 2.4) **IS NOT ALLOWED** to register and compete in OGI.

## **2.7 Registration fees**

Unless waived by OGIC, each team will have to pay a registration fee for each competitors which they have registered to them, on the day in which the events are declared. A team is not liable, for a competitor it withdraws before this deadline but, it is liable for any withdrawn after it.

The fee levied for each competitor will be set by OGIC. Teams must be advised, if there is an upward increase in the fee from the previous OGI games, no later than the 31st. October of the preceding year. If this deadline is missed, OGIC will only be able to increase the fee either with the unanimous agreement of the competing teams or because of circumstances beyond it's control (such as changes in tax legislation, local levies or force majeure).

## **2.8 Transportation, food, clothing, equipment and pre-existing medical conditions**

It is the responsibility of each team to organise the transportation of their athletes and officials to and from the stadium, swimming pool, netball courts and football pitches. It is also the responsibility of the team to make arrangements for the supply of food and refreshments for their competitors and officials over the three days. If a team is supplying its own food and drink, it will need to liaise with the OGIC as to how and where this food is distributed in order to ensure that they do not contravene any contractual obligations which the stadium may have with on site caterers. Each team must also ensure that its area of the stands are kept clean and tidy and that all litter is collected by the end of each day.

Apart from the football tournament or when there are wet conditions, OGIC has no specific rules with regards to the type of clothing or footwear worn, other than it should be appropriate for the sporting discipline undertaken, that it does not hinder the wearers free movement, nor jeopardise the safety of the individual or their fellow competitors. An individual who is deemed to be wearing inappropriate clothing or footwear before an event has started, either by the event marshals or one of the Tournament referees, will be disqualified from the event unless the offending attire is replaced with the appropriate clothing or footwear before the event is underway.

Apart from the netball and football tournaments, the OGIC will ensure that all necessary equipment for each discipline will be supplied by the stadium and pool. However it will be the responsibility of each team or its competitors to supply any personal equipment, such as spikes, supports or back belts which may be required.



In the event of wet conditions being declared by the organisers, one of the Tournament Referees or the event marshals during a javelin event, for the safety of the competitors only standing throws will be allowed unless a competitor is wearing the correct footwear (spikes), in which case running throws will be permitted.

For the netball tournament all teams must provide at least one ball of a size and weight as specified by England Netball and two sets of different coloured bibs for each team entered in the competition.

For the football tournament teams are required to provide at least one football, of a size and weight as specified by The English FA, for each team entered in the competition. Teams must also ensure that all players wear shin pads and footwear which is suitable for use on the type of playing surface which the games are being played on. A player will be excluded from competing in the tournament if they fail to wear either item.

It is a competitor's responsibility or if they are under 18 their parents or guardian, to inform the team or its officials of any pre-existing medical conditions which they may have. They must ensure that they carry an up to date supply of any medication which they may require for the three days, that it is at hand at all times and that they are proficient in its use or administration. A team must also keep a record of the condition and must ensure that they too have a readily available, up to date supply of the medication in the event of a medical emergency arising.

## **2.9 Carrying out competitor checks, keeping records and due diligence**

**IT IS THE RESPONSIBILITY OF EACH TEAM AND ITS OFFICIALS TO MAKE THE NECESSARY CHECKS ON EACH COMPETITOR TO ENSURE THEY CAN COMPETE LEGITIMATELY IN OGI.**

Each competitor is required to sign a declaration on their registration form which stipulates that the information which they have entered is correct and that if they are classified as being of non Italian origin (Rule 2.3), that they are also not classified as being a Club Athlete (Rule 2.4) and therefore **NOT ALLOWED** to register and compete in OGI (Rule 2.6). Please ensure that both the competitor and their parent or guardian understand these rules before they sign, as a failure to disclose any material facts or information, whether intentional or otherwise may result in the team facing possible penalties or sanctions if the violation does not come to light before the first day of the games and **WILL** result in the competitor being disqualified from the games.

A team should keep copies of all documentation (birth certificates, passport, adoption papers etc.) together with any internet, database or reference site searches which they may have conducted on a competitor, especially competitors who are classified as being of non Italian origin (Rule 2.3), as they will be required to produce them, when determining due diligence in the event of a disciplinary procedure.

## **Section 3: Age and gender groups**

### **3.1 Competitor age group table**

The age group in which a competitor competes, whether a boy/man or a girl/woman, is decided by their age on the first day of the games.

The current age groups are:

Age Groups	A	B	C	D	E	F	V
Age (Yrs.)	9	10	11-12	13-14	15-16	17-21	22+





### 3.2 Competing in a different age or gender group for individual events

For all individual events a competitor can only compete in their own age and gender group.

### 3.3 Competing in a different age or gender group for team events

For team events a competitor is allowed to move up one age group, providing that their team has insufficient registered competitors of that age group to make a team but they cannot subsequently compete in their own age group.

A competitor can only compete in their own gender group except for the following team events:

**Boys A/B Football tournament.** Up to two Girls A may be added to a team, providing that there are insufficient registered boys of that age group to make a team;

**Girls A/B Netball tournament.** Up to two Boys A may be added to a team, providing that there are insufficient registered girls of that age group to make a team;

**Boys A 4 x 100m relay team.** One girl A may be added to a team, providing that there are insufficient registered boys of that age group to make a team but the girl will not be allowed to compete in the Girls A 4 x 100m relay team too.

## Section 4: Event rules and regulations

### 4.1 Event categories

The individual event categories are as follows:

Individual Categories	Events
<b>Sprint</b>	60m, 100m, 200m, 300m & 400m
<b>Distance</b>	400m, 800m & 1500m
<b>Jumping</b>	Hurdles, Long Jump, Triple Jump & High Jump
<b>Throwing</b>	Shot Put, Javelin & Discus
<b>Swimming</b>	25m swim

The Team event categories are as follows:

Team Categories	Events
<b>Track Relay</b>	4 x 100m Relays all age groups 4 x 400m Relay, age groups E & F
<b>Swim Relay</b>	4 x 25m Swimming Relays, all age groups
<b>Netball</b>	Girls Netball, all age groups
<b>Football</b>	Boys Football, age groups A & B

### 4.2 Maximum number of events permitted per competitor

Not all events are open to all age and gender groups. Team officials or competitors should refer to the current registration form for further information. However the maximum number of individual track or field events which a competitor may enter is three and, apart from group V, the maximum number of individual swimming events is one.



**A competitor may choose any combination of individual events from the various event categories, dependent on their age group, apart from those events which are listed in the Sprint and Distance categories, which cannot be chosen together.**

#### **4.3 Maximum number of team events permitted per competitor**

For age groups A-B irrespective of gender, a competitor may enter a maximum of 1 track relay, 1 swim relay, football & netball.

For age group C, boys may enter 1 track relay and 1 swim relay. Girls may enter 1 track relay, 1 swim relay and netball.

For age group D, boys may enter 2 track relays and 1 swim relay. Girls may enter 1 track relays, 1 swim relay and netball.

For age group E & F, boys may enter 2 track relays and 1 swim relay. Girls may enter 2 track relays, 1 swim relay and netball.

For age group V, both men and women may enter 2 track relays.

#### **4.4 General event rules and judging**

The OGIC will appoint two Tournament Referees and a Chief Timekeeper, who will have the overall responsibility for interpreting the rules and judging any disputes which may arise. At least one of these officials will be a member of the OGIC.

The OGIC will also appoint volunteers to act as timekeepers, touch judges, track and field marshals. Some, if not all of these volunteers, may be nominated by the teams. Their responsibility will be to ensure that events conform to the rules and regulations as set out by the governing bodies or by the OGIC. Where possible and to ensure impartiality, the OGIC will ensure that there is a minimum of three marshals at each field event, each from a different team.

With the exception of the qualifying criteria, the height or weight of equipment, OGI specific event rules or how the final positions of an event are determined and subject to any time constraints or safety issues which the OGIC may identify on the day, events will be judged according to the rules and regulations of the following governing bodies:

##### **UK Athletics, British Swimming, The English FA and England Netball**

Teams may download each governing bodies rules and regulations from their web sites, details of which can be found in the appendix of this handbook.

Details of OGI specific rules, qualifying criteria and how final positions for events are determined are listed in the next section. Other OGI specific information concerning weights and heights are listed in the appendix of this handbook. Further OGI specific rules can be obtained from our web site or by contacting the OGIC.

#### **4.5 OGI specific event rules, heats and qualifying criteria**

##### **1) Track and Swimming events;**

Table 1 overleaf shows the maximum number of heats required (based on competitor numbers), who automatically qualifies and what the next round will be, if there are 8 available lanes.

Table 2 overleaf shows the maximum number of heats required (based on competitor numbers), who automatically qualifies and what the next round will be, if there are only 6 available lanes.



**Table 1 below shows the number of heats and who qualifies for the next round when there are 8 lanes**

No of Competitors	1st. Round	Automatic Qualifiers	Other Qualifiers	2nd. Round	Automatic Qualifiers	Other Qualifiers	3rd. Round	Automatic Qualifiers	Other Qualifiers	4th. Round
3-8	Final	-	-	-	-	-	-	-	-	-
9-16	2 Heats	1 & 2	Fastest Other	Final	-	-	-	-	-	-
17-24	3 Heats	1 & 2	Fastest Other	Final	-	-	-	-	-	-
25-64	4-8 Heats	1 & 2	Fastest Other	2 Heats	1 & 2	Fastest Other	Final	-	-	-
65-128	9-16 Heats	1 & 2	Fastest Other	3-4 Heats	1 & 2	Fastest Other	2 Heats	1 & 2	Fastest Other	Final

**Table2 below, shows the number of heats and who qualifies for the next round when there are 6 lanes**

No of Competitors	1st. Round	Automatic Qualifiers	Other Qualifiers	2nd. Round	Automatic Qualifiers	Other Qualifiers	3rd. Round	Automatic Qualifiers	Other Qualifiers	4th. Round
3-6	Final	-	-	-	-	-	-	-	-	-
7-12	2 Heats	1 & 2	Fastest Other	Final	-	-	-	-	-	-
13-18	3 Heats	1 & 2	Fastest Other	Final	-	-	-	-	-	-
19-36	4-6 Heats	1 & 2	Fastest Other	2 Heats	1 & 2	Fastest Other	Final	-	-	-
37-72	7-12 Heats	1 & 2	Fastest Other	3-4 Heats	1 & 2	Fastest Other	2 Heats	1 & 2	Fastest Other	Final

## 2) Field events;

Will be judged according to the rules and regulations set out by the governing body, UK Athletics. However, OGIC reserves the right, in the event of adverse weather, a large entry or time constraints, to introduce the following criteria:

**All competitors entered for the event will be allowed to take two jumps or throws. Once all the competitors have taken their second jump/throw, the top 10 competitors will proceed to take their third and final jump/throw with those outside of the top 10 being eliminated from the competition. In the event of two or more competitors being tied in a top 10 position after the second jump/throw, the count back rule will not be applied, with all tied competitors proceeding to the third and final jump/throw, after which normal UK Athletics rules will apply to determine the final medal positions.**

Where possible OGIC will give notice and consult with the teams before introducing the above measures but, reserves the right to introduce them, in order to ensure the smooth running of the games.

## 3) Netball Tournament;

Will be refereed according to the rules and regulations set out by the governing body, England Netball. Each age groups tournament will be played on a league basis with all teams playing each other once and points awarded for a win or draw.



An OGI team may enter two netball teams per age group, providing that they have enough registered competitors to do so. Competitors cannot be swapped from one squad to the other once the tournament has started and the first match played in the league will be against each other.

Points will be awarded for each match played as follows:

**Win = 3 pts.      Draw = 1 pt.      Loss = 0 pts.**

A teams final position in the league table will be determined by how many points they have scored once they have played all their games. Gold, Silver and Bronze medals are awarded for finishing 1st, 2nd and 3rd respectively in each league.

In the event of two or more teams finishing on the same points, goal difference (GD) will decide their final positions (goal difference being determined by deducting goals conceded from goals scored), with the team with the best goal difference finishing highest.

In the event of two or more teams GD being equal, then goals scored will decide their final positions, with the team which has scored the most goals finishing highest.

In the event of two or more teams being equal on goals scored, then goals conceded will decide their final positions, with the team which has conceded the least finishing highest.

In the event of two or more teams being equal on GD, goals scored and goals conceded, then the result of their head to head matches will decide their final positions, with the winning team finishing highest.

If two or more teams are still equal then a draw will be declared.

#### **4) Boys A/B Football Tournament**

Will be refereed according to the rules and regulations as set out by the governing body, The English FA. The tournament will be played as a five-a-side competition with the following exceptions:

Up to 5 players will be allowed per team (excluding substitutes);

The ball is allowed to be played above head height.

Each OGI Team may enter more than one football team, providing that they have enough registered competitors to do so but players cannot be swapped from one squad to the other once the tournament has started. The tournament will be played on a league basis, with the number of teams entered, determining whether there are one or two leagues. In the event of an OGI team having more than one football team in the same league, then they will play each other in the first match of the tournament.

Points will be awarded for each match played as follows:

**Win = 3 pts.      Draw = 1 pt.      Loss = 0 pts.**

In a one league tournament, Gold, Silver and Bronze medals will be awarded for finishing 1st, 2nd and 3rd in the league respectively.

In a two league tournament there will be a final played between the two teams who finished 1st in each league to determine Gold and Silver position and there will be a runners up match between the teams which finished 2nd in each league to determine the Bronze medal position.



In either a one or two league tournament, a team's final position in the league table will be determined by how many points they have scored once they have played all their games.

In the event of two or more teams finishing on the same points, goal difference (GD) will decide their final positions (goal difference being determined by deducting goals conceded from goals scored), with the team with the best goal difference finishing highest.

In the event of two or more teams GD being equal, then goals scored will decide their final positions, with the team which has scored the most goals finishing highest.

In the event of two or more teams being equal on goals scored, then goals conceded will decide their final positions, with the team which has conceded the least finishing highest.

In the event of two or more teams being equal on GD, goals scored and goals conceded, then the result of their head to head matches will decide their final positions, with the winning team finishing highest.

If two or more teams are still equal in a one league tournament then a draw will be declared.

However, in a two league tournament if two or more teams are still equal then a penalty shoot out will take place to decide where the tied teams finish.

#### **4.6 Events formats and running order**

A programme containing the running order of events will be published before the start of the OGI games. However, the OGIC reserves the right to make changes to the running order in the event of unforeseen circumstances such as inclement weather or to facilitate the smooth running of the games. Where possible the OGIC will liaise with the teams about any changes which need to be made and endeavour to minimise the effect which these changes may have on teams, but it reserves the right to implement changes as necessary.

**It is for this reason that the OGIC insists that competitors attend every day, irrespective of whether they have events scheduled for that day or not. The OGIC WILL NOT consider a competitor's absence as reason for not rescheduling an event. It is also important that both team officials and competitors listen carefully to announcements.**

### **Section 5: Medals, events status and trophies**

#### **5.1 How medals are awarded and The Medals Table**

A registered competitor must complete an event fully before they can be awarded a medal. Gold, silver and bronze medals are awarded for finishing 1st, 2nd and 3rd respectively. Depending on whether the event is classified as a scoring or non scoring event, will determine whether the medal is recorded on that competitor's OGI teams overall medal tally (See section 5.3 and 5.4).

When calculating an OGI teams medal tally, medals won for team events have the same value as those won for individual events. Likewise whether a team event medal is recorded on an OGI teams medal tally will depend on whether the event was classified as a scoring or non scoring event (see section 5.3 and 5.4).

The medal table records the total number of medals won, in scoring events, for every competing team. A teams overall position in the medal table is determined by how many gold medals its competitors have won. In the event of two or more teams finishing with the same number of gold medals, then the number of silver medals won will determine the overall position. In the event of two or more teams finishing with the same number of gold and silver medals, then the number of bronze



medals won, will determine the overall position. In the event of all medals being equal, the performance ratio will determine the final medal standings.

## **5.2 Declaration of events**

Teams who wish to compete in the OGI games, must have all their competitors registered with OGIC by the registration deadline date (which they will be advised of, in advance), in the year of the games. After this date **NO NEW COMPETITORS CAN BE REGISTERED.**

Once the registration deadline date has passed, and up to the date of the declaration of events (which they will be advised of, in advance), a team may only make amendments to a competitors events, subject to these amendments being permitted (see section 4.2 and 4.3). Apart from a name change, which is not permitted and subject to OGIC approval, an OGI team can also amend the details on a registration form in the event of any errors or omissions being discovered. A team can also withdraw a competitor without incurring any charges or penalties. However, once withdrawn, a competitor **WILL NOT BE ALLOWED TO RE-ENTER** for that year.

Once the events are declared, **NO FURTHER AMENDMENTS TO AN ATHLETE'S EVENTS CAN BE MADE.** The status of an event also will no longer change, irrespective of subsequent competitor withdrawals.

The total fees payable by a team to OGIC, will be calculated on the total number of competitors which they have registered to them, on this date. And this figure will not change, irrespective of how many competitors they subsequently withdraw.

The swimming relays will be declared midway through the swimming gala, which is held on the first day of the games. The track relays will be declared at the close of the second day of the games.

## **5.3 Definition of a scoring event**

A scoring event, is an event in which competitors from at least three OGI teams are registered to compete in it. Medals awarded in a scoring event will be included in a team's overall medal standing and will count towards both The Padre Russo Shield and The Les Rickard Trophy.

## **5.4 Definition of a non scoring event**

A non-scoring event, is an event in which competitors from only two OGI teams are registered to compete in it. The event will still be held, with medals awarded, but they will not be included in a team's overall medal standing and will not count towards The Padre Russo Shield but, they will count towards The Les Rickard Trophy.

## **5.5 Definition of a non event**

A non event is an event in which either competitors from only one team or no competitors are registered to compete in it. The event will be removed from that year's schedule and will not take place.

## **5.6 The Padre Russo Shield**

The Padre Russo Shield was named after our late Honorary President, Padre Roberto Russo of the Chiesa Italiana in Clerkenwell. It is won by the OGI team which finishes first in The Medal Table. How the teams overall medal standing is calculated in this table is explained in section 5.1.

Only medals won in a scoring event are counted, when determining a teams standing for The Padre Russo Shield. However, in the event of two or more teams having an equal medal count, their respective performance ratio, will be used to decide the final standings.



The winner of The Padre Russo Shield will be the OGI champions for that year. They will be allowed to retain and display The Shield until the opening ceremony of the next OGI Games, when they must return it. They may engrave the shield to record their victory, at their own cost, with their team name and year of the win. While in their possession, they must insure it for its full replacement cost, including the cost of reengraving the details of past winners, in the event of The Shield being lost, damaged or stolen. They will also receive a smaller version of the shield which they can keep in perpetuity.

Unless permission is granted by the OGIC, The Padre Russo Shield must remain in the UK at all times.

### **5.7 The Les Rickard Trophy**

The Les Rickard Trophy was introduced in 1988 in honour of our second President Mr Les Rickard, who sadly passed away while in office. The trophy is open to any OGI team which has at least 10 registered competitors on the day in which the events are declared. It is awarded to the team who has the best performance ratio for that year, providing that, the same team has not also won The Padre Russo Shield, In which case, the trophy will be awarded to the team who finishes with the second best performance ratio.

To arrive at a teams performance ratio, every medal which a teams competitors win is given a value; so that gold is worth 30 points, silver 20 points and bronze 10 points. Unlike The Padre Russo Shield where only the medals won in scoring events count, all medals won will be counted for The Les Rickard Trophy. Once the sum of a teams medal tally is calculated, it is divided by the total number of competitors which the team had registered, on the day which the events were declared. It is this score which determines the winner. In the event of two or more teams finishing with the same score, then the team with the least registered competitors will win the trophy, providing that they have not also won The Padre Russo Shield. In the event of two or more teams having the same score and having the same number of competitors and where neither team has won The Padre Russo Shield, The Les Rickard Trophy will be declared tied and each team will share the trophy.

The winners of The Les Rickard Trophy may retain and display it until the opening ceremony of the next OGI games, when they must return it. They may engrave the trophy to record their win, at their own cost, with their team name and the year of the win. While it is in their possession they must insure the trophy for its full replacement cost, including the cost of reengraving the details of past winners, in the event of the trophy being lost, damaged or stolen.

Unless permission is granted by the OGIC, the trophy must remain in the UK at all times.

### **5.8 The Mazzini Garibaldi Foundation Sportsmanship Trophy**

Is awarded to the OGI team, which in the opinion of OGIC and the officials and marshals, has shown the best conduct, fair play and sportsmanship throughout the three days of that years games. This is decided by secret ballot, which is held on the last day of the games, just before the track relay races. The team who receives the most votes from those balloted will be awarded the trophy. In the event of two or more teams achieving an equal number of votes, the President of OGI will have the casting vote.

The winners of the trophy may retain and display it until the opening ceremony of the next OGI games, when they must return it. They may engrave the trophy to record their win, at their own cost, with their team name and the year of the award. While it is in their possession they must insure the trophy for its full replacement cost, including the cost of reengraving the details of past winners, in the event of the trophy being lost, damaged or stolen.

Unless permission is granted by the OGIC, the trophy must remain in the UK at all times.



## **5.9 The Vic Heissl Award**

Introduced for OGI 2018, to honour one of our original founders and the first President of OGI Vic Heissl, who sadly passed away in July 2016.

The OGIC felt that this award should reflect the ideals of Vic himself, who always believed that OGI was not just about the winning but about the taking part and bringing everyone, young and old, together, making new friends and encouraging them to become actively involved in the Italian communities life, in whatever capacity they could. Not for personal gain but out of a sense of civic duty and pride in our achievements and a desire to ensure that future generations continue to feel a part of our legacy.

The award is made at the closing ceremony of each games and is open to all who are involved in the games, young or old, competitors or helpers. Anyone can be nominated, either by an OGI team, OGI marshal/official or OGIC member. Each OGI team, OGI marshal/official or OGIC member, can if they choose, nominate one person to be considered for the award. Nominations must be received by 12 pm on the third day of the games, with an explanation as to why that person merits receiving the award.

Once all the nominations are received the OGIC will convene a meeting to examine all the evidence supplied and a vote taken. The award will be given to the nominee who achieves the most votes. The winner will keep their award in perpetuity

## **Section 6: Complaints or disputes**

### **6.1 How to register a complaint concerning a decision or result**

Only the team manager or their appointed representative may register a complaint about a decision or result.

#### **1) Time Disputes:**

Should be registered with the chief timekeeper for investigating within one hour of the times being made available, unless these were made available at the end of the day in which case the complaint should be registered before the start of the next mornings Team Manager's Meeting or 09.00 hours, whichever is soonest.

#### **2) Disputes concerning a result, distance, height, changeover or disqualification:**

Should be registered with one of the two Tournament Referees for investigating within one hour of the result/distance/height/changeover/disqualification being made available, unless this information was made available at the end of the day in which case the complaint should be registered before the start of next mornings Team Manager's Meeting or 09.00 hours, whichever is soonest.

### **6.2 How to register a complaint about any other matter**

All other complaints should be registered with one of the OGIC officials in the control box for investigating. Only a team manager or their appointed representative may register the complaint and they should do so, if possible, no later than the end of the day to which the complaint relates, otherwise they should register their complaint before the start of the next mornings Team Manager's Meeting or 09.00 hours, whichever is soonest.





### **6.3 Procedure for investigating a complaint and notification of decision**

#### **1) Dispute about a time**

Providing that the complaint is received on time (see section 6.1 part 1), the Chief timekeeper will investigate the complaint, consulting with the other timekeepers and OGI officials present and the photo finish. Once these investigations are complete but in any case, no later than the end of the day in which the complaint was received, providing that the complaint was received at least 1 hour prior to the end of that day's games, the team manager or their appointed representative will be informed of the Chief Timekeepers decision. If the complaint is received less than one hour before the games ending for that day, the investigation, decision and team manager notification may carry forward to the next day.

#### **2) Dispute about a result, measurement or disqualification**

Providing that the complaint is received on time (see section 6.1 part 2), one of the two Tournament Referees will investigate the complaint, consulting with the OGI officials or marshals involved, the photo finish if necessary and the other Tournament Referee if necessary. Once these investigations are complete but in any case, no later than the end of the day in which the complaint was received, providing that the complaint was received at least 1 hour prior to the end of that day's games, the team manager or their appointed representative will be informed of the Tournament Referee's decision. If the complaint is received less than one hour before the games ending for that day, the investigation, decision and team manager notification may carry forward to the next day.

#### **3) Complaints about any other matter**

Providing that the complaint is received on time (see section 6.2), an OGIC official from the control box will investigate the complaint, consulting with whichever OGI officials, marshals or individuals involved, this may include one or both of the two Tournament Referees. Once the investigation is complete but in any case, no later than the end of the day in which the complaint was received, providing that the complaint was received at least 1 hour prior to the end of that day's games, the team manager or their appointed representative will be informed of the OGIC official's decision. If the complaint is received less than 1 hour before the games ending for that day, the investigation, decision and team manager notification may carry forward to the next day.

### **6.4 Appealing against a decision**

Only a team manager or their appointed representative may lodge an appeal against a decision reached by the Chief Timekeeper, Tournament Referee or OGIC official, following the investigation of a complaint or dispute.

The appeal **MUST** be lodged by a team within 1 hour of them having been informed of the decision but no later than the end of that day's games whichever is soonest, providing that the team was informed of the decision at least 1 hour before the end of that day's games. If the team is informed less than 1 hour before the games ended, the deadline will be extended but they must lodge the appeal before the start of the next days Team manager's meeting or 09.00 hours, whichever is soonest.

### **6.5 Appeals Process and notification of decision**

Providing that the appeal is received on time (see section 6.4) and that it was not made less than 1 hour before the end of that day's games, OGIC will form an appeals panel to investigate the appeal. If the appeal is received within 1 hour of that day's games ending, OGIC may decide to carry the appeal forward to the next day before forming the appeals panel.



The appeals panel will be made up of 5 OGIC officials, which may include the Chief Timekeeper and two Tournament Referees but will not include the person who was involved in reaching the decision which is being appealed. It will investigate the claim, considering any new evidence and may call upon any persons involved to give their version of events before reaching its decision.

The team manager or the appointed representative will be informed of the appeal panels' verdict within 1 hour of the decision being reached but no later than the end of the day of the appeal being heard, whichever is soonest.

### **THE DECISION OF THE APPEALS PANEL WILL BE FINAL AND BINDING**

## **Section 7: Penalties & sanctions for rule violations, unsporting conduct and bringing the games into disrepute**

### **7.1 Violation of an event rule**

A competitor will be disqualified from an event if it is found that they were entered into that event incorrectly, irrespective of whether the event has run or the mistake is unintentional and if the competitor has won a medal, that medal will be forfeited and awarded to the next finisher. If the event in question is a team event and it has been run, then the whole team will be disqualified and any medals won forfeited and awarded to the next finishers. However, the team will not be disqualified if the event has still to run.

A competitor will be disqualified if it is found that they are ineligible to compete in any event, irrespective of whether the event has run and furthermore they may also face disqualification from any other events which they may have entered or competed in and any individual medals won forfeited and awarded to the next finishers. If the event or events run are team events, then the whole team will be disqualified from these events and any medals won forfeited and awarded to the next finishers. However, the team will not be disqualified from events which have not run.

A competitor will be disqualified from an event if they infringe or violate any rule or regulation pertaining to that event, whether the rule or regulation is set by the governing body of the sport or by the OGIC and any medals won forfeited and awarded to the next finisher. If the infringement or violation occurs in a team event, this will result in the whole team being disqualified and any medals won forfeited and awarded to the next finishers.

### **7.2 Violation of the non Italian Club Athlete rule**

A competitor who is defined as being of non Italian origin (Rule 2.3) will also have signed the declaration on their registration form which states that they have read Rule 2.4 and 2.6 of the rule book. By doing so they are stipulating that they understand the rules and regulations, that they are not in breach of the Non Italian Club Athlete rule (Rule 2.6) and can therefore legitimately compete in the OGI games for that year.

The team manager or their appointed representative are also required to sign a declaration which states that they have read and understood Rules 2.3, 2.4, 2.5 and 2.6 of the rule book, that they have carried out all the necessary checks to ensure that all registered competitors in their team comply with these rules and can legitimately compete in the OGI games for that year and that they can provide documentary proof to show due diligence if required, in the event of a dispute or complaint.

If a team manager or one of their appointed representatives discovers or is shown proof that one or more of their registered competitors of non Italian origins are ineligible to compete in the OGI games because they are in breach of the non Italian Club athlete rule (Rule 2.6), they must withdraw them immediately. Providing that the team withdraw them before the opening ceremony of that year's OGI games, neither the team or the offending non Italian Club Athlete will be penalised.



However, once the opening ceremony of that years games is underway, if it is discovered that a registered competitor of non Italian origins is ineligible to compete because they are in breach of the non Italian Club Athlete rule (Rule 2.6), then they will be disqualified immediately from all the events which they have been entered to compete in and banned from participating in future OGI games. Any medals already won will be forfeited and awarded to the next finishers and if they have taken part in any team events, those teams will be disqualified with medals won forfeited and awarded to the next finishers.

The OGI team to which the offending competitor is registered may also face additional sanctions or penalties, if they cannot prove due diligence in the checks which they carried out before the start of the games. The OGIC has the authority to deduct up to 20 gold medals per ineligible competitor of non Italian origin, from their overall medal tally. It also has the authority to expel the team from that years OGI games with all medals won forfeited, if it is found that the team has two or more registered competitors of non Italian origin who are also in breach of the non Italian Club Athlete rule (Rule 2.6) competing in that years games and it cannot prove due diligence in the checks which they carried out before the start of the games.

### **7.3 Unsporting behaviour**

Every competitor deserves the right to participate in the games and complete their events without facing abuse, being hindered, made to feel inadequate or having their effort or ability questioned. All competitors deserve recognition for their efforts, irrespective of where they finished in their event. The ethos of OGI has always been to encourage everyone within our community to compete in the OGI games, regardless of their sporting or athletic ability. While winning is an important part of sport and should be recognised, so is humility and good grace.

The OGIC will hold a team accountable for the actions and behaviour of its spectators, parents, competitors and officials if, in the opinion of the Tournament Referees, OGIC officials or marshals, that team has acted in an unsporting manner towards rival competitors or teams. Making noises, setting off klaxons or horns or trying to put someone off when they are about to start their event, booing, jeering or mocking another competitor before, during or after an event will be regarded as unsporting behaviour and an offence which may result in an official reprimand or other penalty being imposed on the offending team, individual or both if warnings are ignored.

Therefore anyone found to be acting discourteously, haranguing, abusing, mocking, booing or jeering or attempting to hinder or put off a rival individual or team will be deemed to have acted incorrectly and will be charged with unsporting behaviour.

An OGI official, whether they be an OGIC member, Tournament referee or appointed marshal has the right to issue a sanction or penalty if a complaint of unsporting behaviour against an individual or team is upheld. The sanctions or penalties can range from a simple verbal warning up to and including the disqualification of the individual, or if a team is found guilty the disqualification of its competitors who have been entered for the event, irrespective of whether these competitors were the cause or complicit in the unsporting behaviour. Disqualified competitors will forfeit any medals won and these medals will be awarded to the next finishers. Any disqualified competitors will still be allowed to compete in their other events.

### **7.4 Bringing the games into disrepute**

Athletes, team managers and their helpers, marshals and all the OGI officials volunteer their time, be it to compete, to organise their team or for the running of the games and they do so to the best of their ability and with the best intentions. No one should feel threatened or intimidated, nor should



they have to face provocation, insults or the threat of either physical or verbal abuse. The OGIC is constitutionally bound to protect the integrity of the games and will use all the powers at its disposal not only to protect the OGI games but spectators, parents, competitors, team managers and their helpers, marshals and OGI officials or anyone who is acting for and on behalf of the OGIC.

Procedures have been clearly set out as to how a team should raise a concern, issue or complaint and all team managers and their appointed representatives have been made aware of these. Any person, group of people or team which decides to bypass these procedures by taking matters into their own hands and whose actions, whether implied or actual, could be construed as being provocative, insulting, aggressive, intimidating or abusive, whether verbal or physical, be it to an individual or team, or whose actions whether they be implied or actual, threatens to disrupt the event as a whole, will be considered to have brought the games into disrepute and charged accordingly by OGIC. If the charge is subsequently upheld they may face the following sanctions or penalties:

### **1) Spectator or parent**

Will receive a verbal warning on their conduct and/or required to leave the stadium for that day, and/or banned from attending the remainder of the OGI games for that year, and/or banned from attending future OGI games indefinitely. If OGIC also prove that the offender is a part of or has an association with a team, they may deduct up to 5 gold medals from that teams overall medal tally.

If the offender or offenders are proven to be a parent or parents of a competitor, then that competitor may be prohibited from taking any further part in that year's games while still retaining any medals which they may have already won, and/or disqualified from that year's OGI games with or without forfeiture of any medals won in individual events, and/or banned from competing in future OGI games indefinitely. Medals won in individual events which are forfeited because a parent or parents brought the games into disrepute, will be awarded to the next finishers. Alternatively or addition to any other penalties imposed, OGIC may decide to deduct up to 5 gold medals from the parents teams overall medal tally.

Medals which have been won in a team event, by a competitor who has been disqualified because their parent or parents brought the games into disrepute, **WILL NOT** be forfeited and will continue to count in that teams medal tally. However if more than one competitor from the same team event is disqualified, as a result of their parent or parents bringing the games into disrepute, then that team will be disqualified from the event with any medals won forfeited and awarded to the next finishers.

### **2) Competitor**

Will receive a verbal warning on their conduct and excluded from any further participation in that days events, with or without forfeiture of any medals won, and/or disqualified from the OGI games for that year with or without forfeiture of any medals won, and/or banned from competing in future OGI games indefinitely. Individual event medals forfeited as a result of a disqualification because a competitor brought the games into disrepute, will not count on their teams overall medal tally and will be awarded to the next finishers. Any team event medals which have been won by a competitor who has been disqualified for bringing the games into disrepute and which have been forfeited, will result in that team also being disqualified from the event with all medals won forfeited and awarded to the next finishers.

Alternatively or in addition to any other penalty imposed, the OGIC may decide to deduct up to 5 gold medals from that competitor's team overall medal tally.



### **3) Team manager or official**

Will receive a verbal warning on their conduct, and/or excluded from the stadium for the remainder of that day's events, and/or disqualified from being an OGI team manager or a team official indefinitely, and/or if the offence was found to have occurred during the running of an event may have any of the competitors from their team disqualified from that event with any medals won forfeited and awarded to the next finishers.

Alternatively or in addition to any other penalties imposed, OGIC may deduct up to 10 gold medals from that team manager's teams overall medal tally.

### **4) Competing OGI team**

Will receive a verbal warning on their future conduct, and/or if the offence occurs during the running of any event may have all of their competitors in that event disqualified, with any medals won forfeited and awarded to the next finishers

Alternatively or in addition to any other penalties imposed, OGIC may deduct up to 15 gold medals from the teams overall medal tally, and/or be disqualified from that year's OGI games with all medals won forfeited.

**If the number of spectators, parents, competitors or team officials belonging to or associated with a team, found to have brought the games into disrepute, equals or exceeds 10% of that teams total registered competitors, this will result in the whole team also being charged with the offence.**

## **7.5 Disciplinary procedures**

### **1) Violation of an event rule**

These violations, whether they be rules and regulations which are set out by the governing body of the sport or OGIC, will be dealt with by either one of the Tournament Referees or the Chief Timekeeper, who may chose to investigate the matter alone or may call for a disciplinary panel to be formed, which will consist of the two Tournament Referees and 3 OGIC officials. Either way, reference will be made to any published rules, with marshals and officials consulted before any decision or verdict is reached.

### **2) Violation of OGI rule 2.6 (non Italian Club Athletes)**

Will be dealt with by an OGIC disciplinary panel consisting of 5 OGIC officials, at least one of which is a Tournament Referee. The panel will investigate the matter and consider all evidence carefully before reaching a verdict.

### **3) Unsporting conduct**

Will be dealt with by the two Tournament Referees and Chief Timekeeper or they may decide to call for a disciplinary panel to be formed, which will consist of 3 OGIC officials and the two Tournament Referees. The panel will investigate the matter carefully, consulting with event marshals and any independent witnesses before reaching a verdict.

### **4) Bringing the games into disrepute**

With be dealt with by an OGIC disciplinary panel, made up of 5 OGIC officials one of whom may be a Tournament Referee. They will carefully investigate the matter, consulting with marshals, OGI officials, independent witnesses and the alleged offender or offenders before reaching a verdict.



With the exception of bringing the games into disrepute, the penalties or sanctions which the Chief Timekeeper, Tournament Referee or disciplinary panel may impose for any violation or infringement, cannot be greater than those which have been set out in the Table of Penalties and Sanctions (see section 7.7).

For the offence of bringing the games into disrepute, the disciplinary panel will refer to the Tables of Penalties and Sanctions (see section 7.7) as guidance but may choose to impose whatever penalty it sees fit, based on the seriousness of the offence.

In all cases the team manager or their appointed representative will be notified of a verdict within 1 hour of the decision being reached or by the end of that day's games whichever is soonest, unless the verdict was reached after the close of that day's games, in which case notification will be given before the start of the next day's team manager's meeting or 09.00 hours, whichever is soonest.

#### **7.6 Appealing against a sanction or penalty and the appeals procedure**

Only an OGI team manager or their appointed representative may lodge an appeal on a penalty or sanction which has been imposed on a spectator, parent, competitor, team manager and officials or team. The appeal must be received by OGIC within 1 hour of the team manager or their appointed representative being notified of the verdict or by the end of that day's games, whichever is soonest. Except when the notification was received by the team manager or their appointed representative within 1 hour of that day's games closing, in which case the appeal must be lodged before the start of next day's team managers meeting or 09.00 hours, whichever is soonest.

Once an appeal is lodged on any matter other than bringing the games into disrepute and providing that the appeal was lodged in time, OGIC will appoint 5 of its members, one of whom will be the President of OGI and all of whom were not involved in reaching the original verdict, as an appeals panel with the task of reviewing the original verdict. The appeals panel will consider both old and new evidence before reaching a decision.

Appeals lodged about a verdict on bringing the games into disrepute, will be heard by all members of the OGIC, providing that the appeal was lodged in time. This appeal will take place either after the close of that day's games or before the start of the next day's team managers meeting, depending on when the appeal was lodged. The appeals hearing will consider any new evidence and review the original verdict before reaching a decision.

**In all cases, the appeals panel can overturn, reduce, uphold or increase the penalties or sanctions which were imposed in the original verdict.**

For all appeals other than bringing the games into disrepute, the team manager or their appointed representative will be notified of the appeals panel decision within 1 hour of the verdict being reached or by the end of that day's games whichever is soonest, unless the verdict was reached within 1 hour of the close of that day's games, in which case notification will be given before the start of the next day's team managers meeting or 09.00 hours, whichever is soonest.

For appeals which concern bringing the games into disrepute, the team manager or their appointed representative will be notified of the appeals panel verdict before the start of the team managers meeting or 09.00 hours whichever is soonest.

**THE DECISION OF THE APPEALS PANEL ON ALL MATTERS  
WILL BE FINAL AND BINDING.**



## 7.7 Quick reference table on violation types, sanctions and penalties

The table below lists the type of violations and sets out the maximum penalties or sanctions which OGIC or its appointed representatives may impose on spectators, parents, competitors, team managers/officials or teams if found guilty of them, with the exception of the offence of bringing the games into disrepute where the penalties or sanctions may in fact be harsher than those which are set out below.

Violation ↓	Penalty →	Verbal Warning	Requested to leave event area	Expelled from stadium	Banned From OGI Games	Disqualification of competitor or competitors from event	Forfeit of individual event medals won	Forfeit of team event medals won	Deduction of gold medals from overall team medal tally	Disqualification of team
General or OGIC event rule		No	No	No	No	Yes	Yes	Yes if team event	No	No
Unsporting behaviour spectator/parent		Yes	At the discretion of officials	At the discretion of OGIC	At the discretion of OGIC Up to lifetime	At the discretion of OGIC or officials	At the discretion of OGIC or officials	At the discretion of OGIC or officials	No	No
Unsporting behaviour competitor/ manager /team		Yes	At the discretion of officials	No	At the discretion of OGIC but not team	At the discretion of OGIC or officials	At the discretion of OGIC or officials	At the discretion of OGIC or officials	No	No
OGI Rule 2.6 Non Italian Club Athlete		No	No	Yes	Yes lifetime	Yes	Yes	Yes and team DSQ from event	Up to 20 per competitor at discretion of OGIC	Yes at the discretion of OGIC If 2 or more competitors
Disrepute spectator/parent		Yes	At the discretion of officials	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	Up to 5 at the discretion of OGIC	No
Disrepute competitor		Yes	At the discretion of officials	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	Up to 5 at the discretion of OGIC	No
Disrepute team manager/official		Yes	At the discretion of officials	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	Up to 10 at the discretion of OGIC	No
Disrepute team		Yes	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	At the discretion of OGIC	Up to 15 at the discretion of OGIC	At the discretion of OGIC

## Section 8: Quick reference guides

### 8.1 Javelin, discus and shot put weights

Event	Age & Gender	C	D	E	F	V
Javelin	Boys/Girls	400g/400g	600g/600g	700g/600g	800g/600g	800g/600g
Discus	Boys/Girls	1.25Kg/1.00Kg	1.50Kg/1.00Kg	1.75Kg/1.00Kg	1.75Kg/1.00Kg	N/A
Shot Put	Boys/Girls	3.00Kg/3.00Kg	4.00Kg/3.00Kg	5.00Kg/3.00Kg	6.25Kg/4.00Kg	N/A





## 8.2 Technical information on Hurdles

### 1) Girls hurdle events

Age Groups	Gender	Distance	Total No. of Hurdles	Track Marker colour	Distance to 1st. Hurdle	Distance Between Hurdles	Distance from last hurdle to finish line	Hurdle Height	Topple Weight
C	Girls	70m	8	Pink	11.0m	7.0m	10.0m	68.50cms	2.7Kg
D	Girls	75m	8	Orange	11.5m	7.5m	11.0m	68.50cms	2.7Kg
E	Girls	80m	8	Black	12.0m	8.0m	12.0m	76.20cms	2.7Kg
F	Girls	100m	10	Yellow	13.0m	8.5m	10.5m	76.20cms	2.7Kg

### 2) Boys hurdle events

Age Groups	Gender	Distance	Total No. of Hurdles	Track Marker colour	Distance to 1st. Hurdle	Distance Between Hurdles	Distance from last hurdle to finish line	Hurdle Height	Topple Weight
C	Boys	75m	8	Orange	11.5m	7.5m	11.0m	68.50cms	2.7Kg
D	Boys	80m	8	Black	12.0m	8.0m	12.0m	68.50cms	2.7Kg
E	Boys	100m	10	Yellow	13.0m	8.5m	10.5m	76.20cms	2.7Kg
F	Boys	100m	10	Yellow	13.0m	8.5m	10.5m	76.20cms	2.7Kg

## 8.3 Event categories, age groups and permitted events

### 1) Girls/Women Individual events

A competitor may choose up to 3 individual track and field events and 1 swimming event from those listed for their age group but cannot mix events from the **Sprint** and **Distance** categories.

Age Groups Event Categories	Girls A & B	Girls C	Girls D	Girls E	Girls F	Women V
<b>Sprint</b>	60m & 100m	100m, 200m & 300m	100m, 200m & 300m	100m, 200m & 400m	100m, 200m & 400m	100m
<b>Distance</b>	-	300m, 800m & 1500m	300m, 800m & 1500m	400m, 800m & 1500m	400m, 800m & 1500m	800m
<b>Jumping</b>	Long Jump	70m Hurdles, Long, Triple & High Jump	75mm Hurdles, Long, Triple & High Jump	80m Hurdles, Long, Triple & High Jump	100m Hurdles, Long, Triple & High Jump	Long Jump
<b>Throwing</b>	-	Shot Put, Discus & Javelin	Shot Put, Discus & Javelin	Shot Put, Discus & Javelin	Shot Put, Discus & Javelin	Javelin
<b>Swimming</b>	25m	25m	25m	25m	25m	





## 2) Boys/Men Individual events

A competitor may choose up to 3 individual track and field events and 1 swimming event from those listed for their age group but cannot mix events from the **Sprint** and **Distance** categories.

Age Groups Event Categories	Boys A/B	Boys C	Boys D	Boys E	Boys F	Men V
<b>Sprint</b>	60m & 100m	100m, 200m & 400m	100m, 200m & 400m	100m, 200m & 400m	100m, 200m & 400m	100m
<b>Distance</b>	-	400m, 800m & 1500m	400m, 800m & 1500m	400m, 800m & 1500m	400m, 800m & 1500m	800m
<b>Jumping</b>	Long Jump	75m Hurdles, Long, Triple & High Jump	80m Hurdles, Long, Triple & High Jump	100m Hurdles, Long, Triple & High Jump	100m Hurdles, Long, Triple & High Jump	Long Jump
<b>Throwing</b>	-	Shot Put, Discus & Javelin	Shot Put, Discus & Javelin	Shot Put, Discus & Javelin	Shot Put, Discus & Javelin	Javelin
<b>Swimming</b>	25m	25m	25m	25m	25m	

## 3) Team events

A competitor may be entered into whichever team event category that is listed in their age group. Apart from certain A/B team events, there are **NO** mixed gender events in all other team event categories. Competitors are **NOT ALLOWED** to move down age groups.

Age Groups Event Categories	Boys/Girls A/B	Boys/Girls C	Boys/Girls D	Boys/Girls E	Boys/Girls F	Men/Women V
<b>Track Relay</b>	4 x 100m	4 x 100m	4 x 100m	4 x 100m 4 x 400m*	4 x 100m 4 x 400m	4x100m 4x400m
<b>Swim Relay</b>	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	
<b>Netball</b>	Boys/Girls	Girls C/D	Girls C/D	Girls E/F	Girls E/F	
<b>Football</b>	Boys/Girls				-	

- \*N.B. In accordance with UKA guidelines, Group D Girls are **NOT ALLOWED** to move up an age group and compete in the Group E Girls 4 x 400m relay races.

Apart from the above caveat, A competitor is allowed to move up **ONE** age group when competing in a team event in order to make up the numbers, providing that:

- There are no other available competitors of the same age group registered for the team;
- They are not already entered for, or have already competed in a team event for their own age group;



iii) The rules allow them to compete in that event.

**All track relay teams must contain four competitors. NO COMPETITOR WILL BE ALLOWED TO RUN TWO LEGS.**

**ONE** group A girl may be entered to compete in the Boys A and Boys B 4 x 100m relay team, to make up the numbers providing that there are no other boys of the same age group available and that the girl who has been moved into the boys relay team has not been entered to compete, or has already competed, in their own age and gender group for that event. Group A boys will not be allowed to compete in the equivalent Girls A & Girls B relay teams.

Up to **TWO** group A boys may be entered to compete in the Girls A/B netball team providing that there are no other available girls of that age group to make up the numbers.

Up to **TWO** group A girls may be entered to compete in the Boys A/B football team, providing that there are no other available boys of that age group to make up the numbers.

A swimming relay team of three competitors may be entered into the swimming relay event, providing that there are insufficient competitors from that age group or there are insufficient competitors from the age group below to make up the numbers. When fielding a 3 competitor 4 x 25m relay team, one of the competitors will be allowed to swim leg 1 and 4 of the race. **THEY ARE NOT ALLOWED TO SWIM TWO CONSECUTIVE LEGS**

#### 8.4 At a glance reference guide for the girls netball tournament

The netball tournament is run on a league basis, with only one league per age group. An OGI team may choose to enter more than one team in any age group providing that they have enough eligible competitors to do so and when two same age group teams are entered, the opening game of the league will be between these two teams. An OGI team may also loan players to an opponent, in order to make up the numbers, providing that the players loaned have not already competed for their own team and must continue to compete for the opposition for the remainder of the tournament.

With the exception of how a teams league position is determined and the points awarded for each game played, the netball tournament will be refereed according to the rules and regulations of England Netball. Each team entered **MUST** have 2 sets of different coloured bibs and one netball of a size and weight as specified by the rules and regulation of England Netball, otherwise they may not be allowed to compete in the tournament.

Points will be awarded to a team for each game played as follows:

Result	Win	Draw	Loss
Points	3	1	0

From left to right, with 1 being the first and 6 being the last, the criteria used to determine a teams league position is as follows:

Order applied	1	2	3	4	5	6
Criteria Used	Points Awarded	Goal Difference (G+)-(G-)	Goals Scored (G+)	Goals Conceded (G-)	Tied teams Head to head result	Position Drawn



Medals will be awarded according to a teams league position once all games have been played as follows:

League Position	Medal Awarded
1	Gold
2	Silver
3	Bronze
4	-

Where two teams are tied in a medal position, after all the criteria have been applied, both teams will be awarded the medal for the position in which they are tied, e.g. if they are tied in 1st place, they will both receive a Gold medal with the next team then finishing 3rd and receiving Bronze. If the tie is for 2nd place then both teams will receive the silver medal with no Bronze awarded.

#### **8.4 At a glance reference guide for the Boys A/B football tournament**

The football tournament is run on a league basis, where an OGI team may enter more than one Boys A/B football team, providing that it has enough eligible competitors to do so and a club which has two or more teams entered cannot swap players between its teams. It may also loan players to an opponent, in order to make up the numbers, providing that the players loaned have not already competed for their own team and they must continue to compete for the opposition for the remainder of the tournament.

The total number of teams entered will determine whether the competition is run as a one or two league tournament and regardless of the number of leagues, if two same club teams are entered into the same league, the opening game of that league will be between these two teams. Furthermore, regardless of the number of leagues, there will only be one set of medals awarded, the number of leagues will only determine how the medals are won.

Other than how league positions are determined and how points are awarded for matches played, the tournament will be refereed according to The English FA's rules and regulations for a 5 A-Side football tournament with the following exceptions:

- 1) Up to 7 players will be allowed on the field of play;
- 2) The ball can be played above head height.

Each team entered must provide one football of a size and weight as specified by the rules and regulations of The English FA otherwise they may be excluded from the competition. It must also ensure that every player is wearing shin pads while on the field of play and appropriate footwear suitable for the type of playing surface on which the games are played. Failure to wear either will result in the player being asked to leave the field of play and excluded from the competition.

Points will be awarded to a team after each game played as follows:

Result	Win	Draw	Loss
Points	3	1	0

The criteria's used to decide a teams league position and therefore how the medals are awarded will depend on whether the tournament has a one league or two league structure.



## 1) One league tournament

From left to right, with 1 being the first and 6 being the last, the criteria used to determine a teams league position is as follows:

Order applied	1	2	3	4	5	6
Criteria Used	Points Scored	Goal Difference (G+)-(G-)	Goals Scored (G+)	Goals Conceded (G-)	Tied teams Head to head result	Position Drawn

Medals will be awarded according to a teams league position once all games have been played as follows:

League Position	Medal Awarded
1	Gold
2	Silver
3	Bronze
4	-

Where two teams are tied in a medal position, after all the criteria have been applied, both teams will be awarded the medal for the position in which they are tied, e.g. if they are tied in 1st place, they will both receive a Gold medal with the next team then finishing 3rd and receiving Bronze. If the tie is for 2nd place then both teams will receive the silver medal with no Bronze awarded.

## 2) Two league tournament

From left to right, with 1 being the first and 6 being the last, the criteria used to determine a teams league position is as follows:

Order applied	1	2	3	4	5	6
Criteria Used	Points Scored	Goal Difference (G+)-(G-)	Goals Scored (G+)	Goals Conceded (G-)	Tied teams Head to head result	Tied teams Penalty Shoot out

Once the position of each team in a league is decided the tournament will proceed to the play off stage with the final medal awards being decided as follows:

League 1		If the scores are drawn in either play off after normal time, then extra time will be played to decide the winner. If the scores are drawn after extra time, then a penalty shoot out will take place, with each team having up to 5 penalties to decide the winner. If the scores are still drawn then a sudden death penalty shoot out will decide the winner, with the team that misses a penalty first and goes behind loosing.	Gold Medal	
1	Gold & Silver Play off  Winner of League 1 v Winner of League 2		Winner Gold & Silver Play off	
2			Silver Medal	
3			Runner up Gold & Silver Play off	
League 2		If the scores are drawn in either play off after normal time, then extra time will be played to decide the winner. If the scores are drawn after extra time, then a penalty shoot out will take place, with each team having up to 5 penalties to decide the winner. If the scores are still drawn then a sudden death penalty shoot out will decide the winner, with the team that misses a penalty first and goes behind loosing.	Bronze Medal	
1	Bronze Play off  Runner up of League 1 v Runner up of League 2		Winner Bronze Play off	
2				
3				



## 8.6 I.D badge and individual competitor number

All competitors will be issued with a personalised photo ID badge which will show the following information:

- 1) Passport sized photograph
- 2) OGI team name
- 3) Competitors name
- 4) Age group
- 5) Unique competitor number
- 6) Competitor's events

A competitor must wear their I.D. badge at all times over the three days of OGI and must show it to a marshal before starting their event as proof of ID and eligibility to take part or when asked by an OGI official. Failure to show an ID badge will exclude an athlete from the event. A competitor may remove their badge while competing in an event but must return to wearing it once the event is complete. When removing their badge a competitor should either hand it to one of their team representatives for safe keeping or else ensure that it is stored safely as losing it will result in them not being able to compete for the remainder of the games unless their team can supply them with a replacement copy.

If electronic photo finishing equipment with digital number recognition is being used for track events, competitors will also be issued with their own individual unique competitor number card which must attached to the front of their top, at torso level and clearly visible. so that the equipment is able to read the card and identify the competitor. Failure to wear a number card if supplied will result in the competitor being eliminated from the event.

## 8.7 Reference table for specific OGI rules and regulations

The table below gives a quick guide to specific OGI rules and regulations, some of which have not been previously mentioned in this handbook/rulebook and some which have:

Action or Issue	Event	OGI Rule
False Starts	Track/Swim	A competitor will be disqualified after 2 false starts Only the athlete committing the false start will be warned on each occasion, not the whole field
Dropping of relay baton	Track	A relay team will be disqualified from a relay race if at any time they drop the baton and enter another lane to retrieve it. They may however pick up the baton if it remains in their lane with no penalty
Pacing or coaching during a race	Track	A competitor will be disqualified from a race if another individual, who is not competing in the same race, is deemed to be pacing or coaching them. It is therefore important that people do not run alongside the track, especially on the in field, during a race as this may be interpreted as pacing or coaching.
Swimming starts and relay changeovers	Swimming	All swimming race starts and relay changeovers will take place with all the competitors inside the pool. No diving is allowed.
Visual checks	Track/Swim	Unless electronic photo finishing & timing equipment or electronic touch pads are being used, the chief timekeepers visual check of a result will override the times recorded.
Wet conditions	Javelin	If wet conditions are declared only standing throws will be allowed unless a competitor is wearing spikes in which case they will be permitted to perform a running throw.
Jumps and Throws	Field	For all events competitors will be allowed to make three jumps or throws unless there is a large field or there are other time constraints. In this case it may be decided that everyone will be allowed to make only two jumps or throws, after which only the competitors who are in the top 10 positions being allowed to progress to the next round, to take their third and final jump or throw. There will be no count back used when deciding a top 10 positions, when only two jumps or throws are allowed. If two or more competitors are tied, all tied competitors will progress to the next round to make their throw or jump.
Swimming hats	Swim	All competitors must wear the team coloured swimming cap supplied to compete in the gala. Failure to do so, will result in the competitor being excluded.
Photography	Swimming	Only the OGI approved photographer is permitted to take photographs during the swimming gala



## 8.8 At a glance reference table for team events

The table below gives a quick guide to the rules with regards to moving age and gender groups in the various team events and the minimum size of track and swimming relay teams:

Issue	Event	OGI Rule
<b>Moving up age groups</b>	All team events	A competitor is allowed to move up <b>one</b> age group to compete in a team event providing that: 1. The team has no other eligible competitors of the same age group available to compete in the event; 2. The competitor moving up the age group, has not already been entered to compete or has already competed in the same event for their age group.
<b>Moving down age groups</b>	All team events	<b>Competitors are not allowed to move down age groups.</b>
<b>Girls moving gender group</b>	Track & Swim Relays	One Group A girl may be entered to compete in the Boys A/B track or swimming relay team providing that: 1. There are no other eligible boys of the same age group available to compete in the event; 2. The girl moving gender group, has not already been entered to compete or has already competed in the same event in her gender group. <b>Girls from other age groups are not allowed to compete in boys track and swimming relay teams</b>
<b>Girls moving gender group</b>	Boys A/B Football	Up to two Group A Girls may be entered to compete in a Boys A/B football team, to make up the numbers, providing that there are no other eligible Group A/B Boys available to compete in the tournament
<b>Boys moving gender group</b>	Track & Swim Relays	<b>Boys from all age groups are not allowed to compete in Girls track &amp; swimming relay teams.</b>
<b>Boys moving gender group</b>	Girls A/B Netball	Up to two Group A boys may be entered to compete in a Girls A/B netball team, to make up the numbers, providing that there are no other eligible Group A/B Gils available to compete in the tournament. <b>Boys from all other age groups are not allowed to compete in the Girls Netball Tournament.</b>
<b>Relay Team Size</b>	Track	All track relay teams, regardless of event distance, age or gender group must contain four competitors. <b>A competitor will not be allowed to run two legs.</b>
<b>Relay Team Size</b>	Swimming	A swimming relay team may contain just three swimmers, providing that there are insufficient eligible competitors available from the event age group or the one below to make up the numbers. In a three swimmer relay team, one competitor will swim the 1st & 4th leg. <b>A competitor will not be allowed to swim two consecutive legs.</b>

## Section 9: Appendix

The following section gives you the links of the various governing bodies and reference sites where you can download information or check competitors details to see whether they are classified as non Italian Club Athletes (see section 2.4 and 2.6).

### 9.1 UK Athletics Web Site

To download the current rules and regulations governing the track and field events please go to:

<http://www.britishathletics.org.uk/competitions/rules/>

### 9.2 British Swimming Web Site

To download the current rules and regulations for the swimming events please go to:

<http://www.britishswimming.org/browse-sport/swimming/officials/>

### 9.3 England Netball Web Site

To download the current rules and regulations for the netball tournament please go to:

<http://www.englandnetball.co.uk/make-the-game/officiating/rules-update/>



#### 9.4 The English Football association Web Site

To download the current rules and regulations for the football tournament please go to:

<http://www.thefa.com/football-rules-governance>

If you require any further assistance or would like us to email you any of the governing body links, please email us at: [info@ogi-olympics.co.uk](mailto:info@ogi-olympics.co.uk). Alternatively you can write to the OGI Secretary at our registered address (Section 1.2) enclosing a SAE.

#### 9.5 Reference sites to check the eligibility of non Italian competitors

Listed below are some sites which can be used to check a competitor of non Italian origins eligibility to compete in the OGI games.

<http://www.thepowerof10.info/>

<http://www.runbritainrankings.com/>

<http://www.englandathletics.org/athletics-in-school/english-schools-athletic-association/esaa-results>

<http://www.britishathletics.org.uk/competitions/fixtures-and-results/>

<http://swimming.org/asa/clubs-and-members/membership-check>

<https://swimmingresults.org/individualbest/>

<https://swimmingresults.org/>

<https://www.swimmingresults.org/12months/>

#### 9.6 Caveat

It is important that all OGI teams carry out continuous checks on their registered competitors of non Italian origins (Rule 2.4). Information and updates are continuously uploaded onto the above sites, which may result in a competitor of non Italian origins status changing from being eligible to ineligible, from one day to the next. Do not rely solely on the sites which are listed above either, use all available internet search engines to run continuous checks, up to and including the morning of the opening ceremony

Past participation in OGI does not offer dispensation from Rules 2.4 and 2.6. Therefore it is important that all OGI teams and their officials keep a documented record of all the checks which they may have carried out, in order to show due diligence. This may prove important in determining the type and severity of the penalties which the OGIC impose on a team, if one of their registered competitors of non Italian origin is disqualified because it is discovered, after the opening ceremony has started, that they are a Club Athlete (Rule 2.4) and ineligible to compete in OGI (Rules 2.6).

**PLEASE REMEMBER, IRRESPECTIVE OF THE TIMESCALE, IF A COMPETITOR OF NON ITALIAN ORIGIN'S NAME APPEARS ON ANY RECOGNISED ATHLETIC OR SWIMMING REFERENCE SITE, THEY WILL NOT BE ALLOWED TO COMPETE IN OGI.**

**If you have any doubts about a competitor of non Italian origin's eligibility to compete, better to be safe than sorry, WITHDRAW them. A team will face no penalties or sanctions if they withdraw an illegible competitor before the opening ceremony has begun.**

#### 9.7 Nota Bene

**WITH THE EXCEPTION OF RULES 2.3,2.4,2.5 AND 2.6 ALL RULES ARE SUBJECT TO CHANGE AT THE DISCRETION OF THE OGIC**